

WINTER BACKPACKING CHECKLIST

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- Sleeping Bag
- Ground Pad
- Flashlight/Headlamp
- Hand Warmers
- Whistle
- Waterproof Matches
- Thin Foam Pad for sitting
(gardening pad works well)

- Backpack Stove
- Fuel
- Cooking Utisils
- Mess Kit
- Canteen/Water Bottle
- Dinner x1
- Breakfast x2
- Snacks

- Toilet Paper
- Toothbrush/Paste
- Hand Sanitizer/Soap
- Emergency Poncho
- Personal First Aid Kit

- Wool/Poly Hat x2
- Longsleeve Base Layer x2
- Long Base Layer Pants x2
- Underwear x2

- Wool/Poly Fleece Sweater/Shirt x2
- Waterproof Windbreaker w/ Hood
- Winter Ski Jacket
- Nylon Waterproof Pants

- Winter Waterproof Gloves x2
- Fleece Gloves (for sleeping)

- Polypropylene Liner Socks
- Wool Socks (3-4 pair)
- Snow Boots
- Gaiters

- Sunscreen
- Chapstick
- Sunglasses w/ Croakies
- Duct Tape